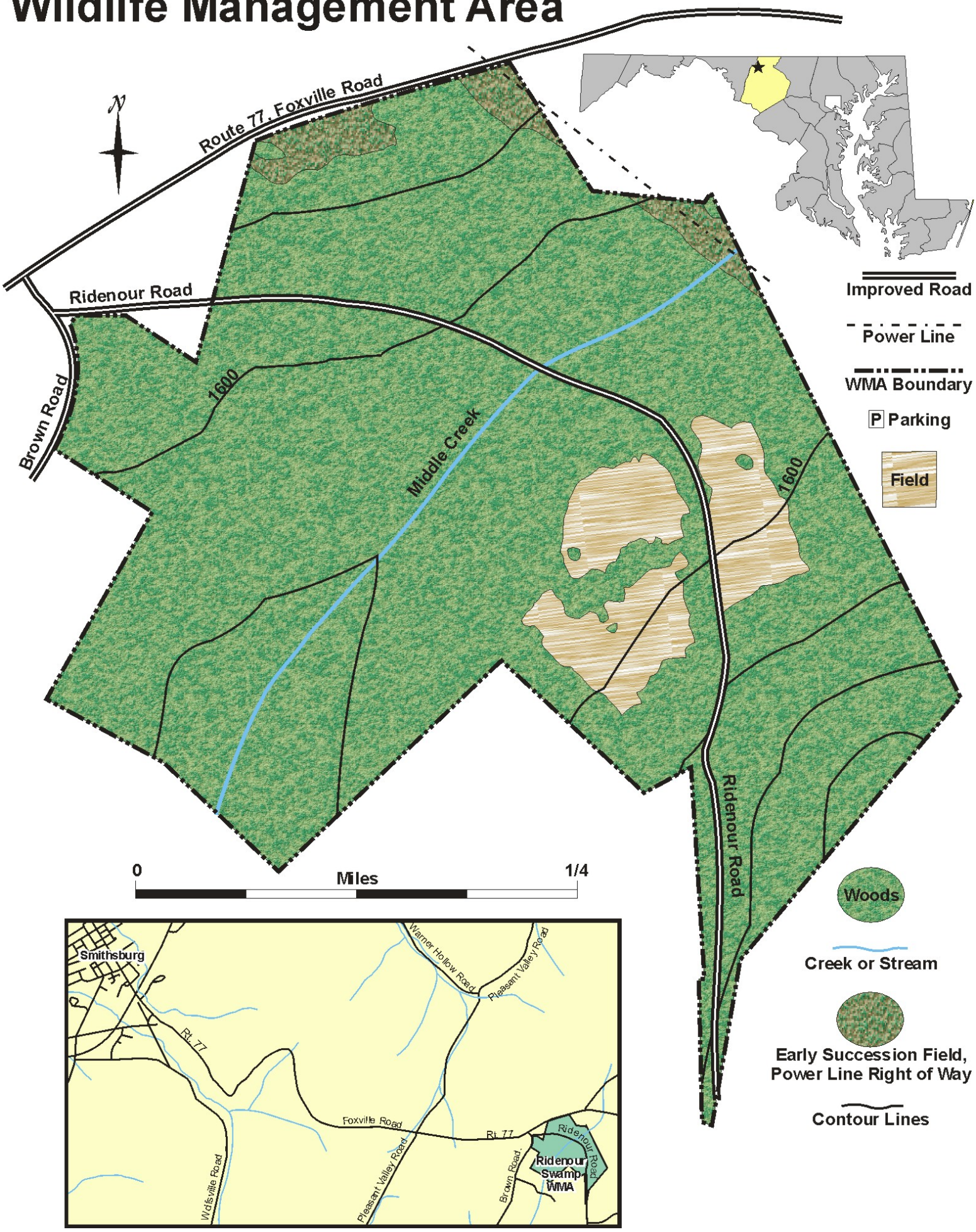Ridenour Swamp Wildlife Management Area